

Educating Rural PMH Advanced Practice Nurses



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Objectives

- 1) Describe the need for a PMHNP program in Southeast Georgia, and the process and goals for developing this program;
- 2) Identify essential partnerships and collaborative efforts in the Behavioral Health workforce;
- 3) Describe outcomes and future goals.



Need for Program

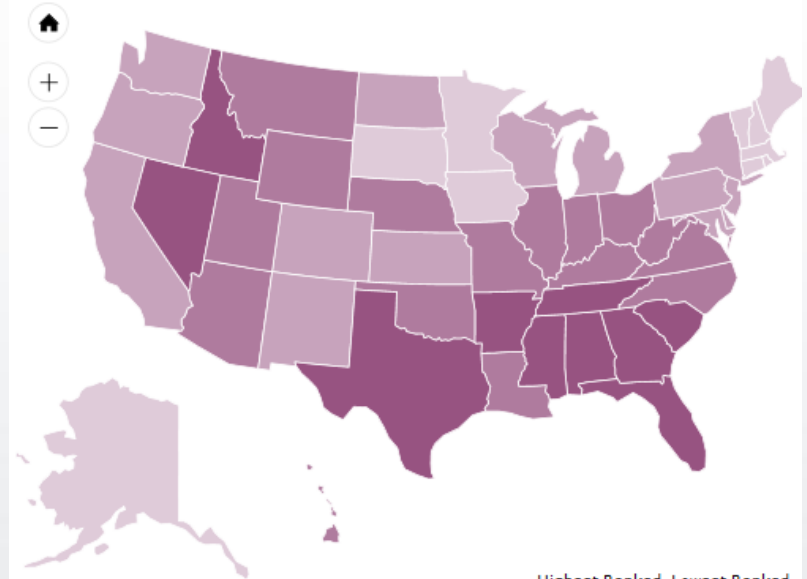
Georgia:

- Currently ranks 47th in the nation for access to mental health care
- Experiencing a critical shortage of psychiatric-mental health service providers

Purpose:

- Serve the psychiatric/mental health needs of rural and underserved communities
- Innovative educational strategies to reach these populations include simulated therapy via distance using telehealth technologies throughout the curriculum
- New/enhanced academic-clinical partnerships

Access to Care Map



JS map by amCharts

Rank	State
1	Vermont
2	Massachusetts
3	Maine
4	Connecticut
5	Minnesota
6	New Hampshire
7	South Dakota
8	Rhode Island
9	Iowa
10	Alaska
11	District of Columbia
12	Pennsylvania
13	Maryland
14	Wisconsin
15	Delaware
16	Colorado
17	New Jersey

Rank	State
18	Michigan
19	New York
20	North Dakota
21	Oregon
22	Kansas
23	New Mexico
24	Washington
25	California
26	North Carolina
27	Wyoming
28	Hawaii
29	Ohio
30	Illinois
31	Kentucky
32	Nebraska
33	Utah
34	West Virginia

Rank	State
35	Montana
36	Missouri
37	Indiana
38	Virginia
39	Oklahoma
40	Arizona
41	Louisiana
42	Idaho
43	Florida
44	Arkansas
45	South Carolina
46	Texas
47	Georgia
48	Tennessee
49	Mississippi
50	Alabama
51	Nevada



**GEORGIA
SOUTHERN
UNIVERSITY**

Need for Program

- Role of PMHNP
- FNPs have been serving the need due to lack of appropriately trained personnel
- Many students enrolled in our track are already FNPs



Funding / Program Goals

- Develop and deliver an Advanced Practice Nurse Psychiatric Mental Health Nurse Practitioner (PMHNP) specialty track;
- Incorporate innovative educational strategies, such as simulation and telehealth technologies in each course;
- Increase the number of graduate and post-master's graduates who provide PMH care to diverse and vulnerable populations who plan to practice in rural or medically underserved;
- Evaluate quarterly using Rapid Cycle Quality Improvement (RCQI) evaluation:
 - a) Student learning outcomes and performance
 - b) Effectiveness of academic-practice partnerships
 - c) Student certification and employment after graduation
 - d) Impact of the project on practice partners
 - e) Dissemination of project outcomes



Developing the Program

Spring 2014

- Initial request
- Obtain support from faculty and college
- Assemble the team
(Graduate Program Director, 3 faculty)
- Discuss purpose, goals, curriculum design



Fall 2014

- School level approval of proposed program and curriculum
- Establish curriculum design
- Obtain support of stakeholders



Developing the Program

Spring 2015

- HRSA ANE Proposal Submitted
- University level approval
- Development of resource networks CAB and Consultants
- Begin course development
- Curriculum mapping to align with professional standards



Summer 2015

- Notice of ANE grant award
- Continue course development
- Development of outcome evaluation measures
- Development of preceptor orientation
- Development of student orientation
- Establishment of Community Advisory Board
- Working with consultants for best practices in simulation and telehealth
- Researching, selecting and ordering of telehealth technologies

Developing the Program

Fall 2015

- Hiring process for Administrative Assistant and IT positions
- Continued Course development and preparation
- Ordering of telehealth equipment
- Community Advisory Board Meetings begin



Overview of PMHNP Track

Course No.	Course Name	Semester	Credit Hrs.
NURS 7131	PMHNP 1: Individual MH Care Across the Lifespan	Spring	3
NURS 7124	PMHNPC 1: Individual MH Care Across the Lifespan Clinical (180 hrs.)	Spring	2
NURS 7133	PMHNP 2: Mental Health Care of the Child & Family	Summer	3
NURS 7125	PMHNPC 2: Mental Health Care of the Child & Family Clinical (180 hrs.)	Summer	2
NURS 7127	PMHNP 3: Care of the Individual and Family with Substance Use Disorders	Fall	2
NURS 7126	PMHNPC 3: Care of the Individual and Family with Substance Use Disorders Clinical (180 hrs.)	Fall	2
NURS 7111	PMHNP 4: Community and Vulnerable Populations	Fall	1

Our Students

Cohort One (2016)

- 9 Post-Masters Certificate students began
- 5 Graduates
- Outcomes –
 - 100% successful on Barkley's PMHNP exit exam
 - 4/5 students certified



Cohort Two (2017)

- 11 total students began
 - 5 BSN-DNP students
 - 6 Post-Masters Certificate students
- 9 students remain and are expected to graduate in December



Essential Partnerships

Community Advisory Board

- The Community Advisory Board Meetings are a place for preceptors and partners to discuss clinical experiences with faculty and staff so we can build and improve our program as well as to keep an open line of communication with preceptors and key community stakeholders.
- Permanent Community Advisory Board members include:
 - Georgia Regional Hospital, Savannah
 - Memorial Health University Medical Center, Savannah
 - Willingway Hospital, Statesboro
 - Pineland BHDD (CSB), Statesboro

Preceptors

- Preceptors through established partnerships
- New partnerships established through preceptor expansion
- Preceptors are invited to corresponding Community Advisory Board Meetings



Collaborative Efforts

2017 Behavioral Health Practice Update

- This program provided practice updates on selected topics designed to benefit interdisciplinary behavioral health providers.
- The program highlighted expert speakers from nursing, medicine, counseling, social work, and education, along with CEUs for those disciplines.
- Offered with Community Partners and Magnolia Coastlands AHEC.

2017 Behavioral Health Practice Update

This program provides practice updates on selected topics designed to benefit interdisciplinary behavioral health providers. The program highlights expert speakers from nursing, medicine, counseling, social work, and education.

Program attendees will:

- Explore the latest developments in addressing behavioral health care needs
- Discuss ethical issues relevant to a variety of clinical topics
- Examine the role of motivation in mental health recovery

February 22, 2017 • 8:30 a.m. – 4:00 p.m.
Memorial Health

Medical Education Auditorium, Savannah, GA

Registration: <https://2017bhupdate.eventbrite.com>

\$20 Registration Fee + \$10 CE Certificate

Coffee/Tea/Water and Lunch Provided

CE Statements:

NURSING - The Georgia Board of Nursing deems Magnolia Coastlands Area Health Education Center as an acceptable provider for continuing education (CE). This activity is approved for 6 CE hours toward the continuing competency requirements for Georgia licensure renewal. Nurses should only claim credit commensurate with the extent of their participation.

CME - The Memorial Health University Medical Center is accredited by the Medical Association of Georgia to provide continuing medical education for physicians. The Memorial Health University Medical Center designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)/TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

LCSW/LPC - LCSW and LPC credits have been applied for through Memorial Health.

Collaborative Effort:



Memorial
HEALTH



MAGNOLIA
Coastlands
AHEC
Area Health Education Center

Questions? Contact Valerie Embry at vembry@georgiasouthern.edu or 912-478-5030



Looking Forward

BHWET Funding

- Recently received \$1.6 million grant for behavioral health workforce education and training
- BSN – DNP students in the PMHNP track are eligible for stipends

Student Enrollment

- Student enrollment and graduation rates are gradually increasing

Cohort	New BSN – DNP PMHNP Students	Students that began PMHNP Track	Student withdrawals	Graduates	Graduates Passing certification
2016	7	9	4	5	4/5 (all that took the exam)
2017	18	11	2	Projected 9	N/A
2018	Application Deadline March 1 st , 2017	Projected 8	N/A	N/A	N/A

Looking Forward

Faculty Recruitment

- Recruitment for additional PMHNP faculty still ongoing
- As program grows, we hope to use the opportunity to “grow our own”



Consolidation

- Consolidation with Armstrong State University
- Effective January 1, 2018
- First consolidated classes will begin Fall, 2018
- Expands partnerships, resources, and student population and recruiting opportunities

Looking Forward

Overarching Goals

1. Increase number of Psych Mental Health APRNs prepared to work in rural communities.
2. Facilitate more partnerships between Georgia Southern and Behavioral Health facilities.
3. Teach telehealth so students in rural areas are prepared to provide this state of the art care.

Progress

1. 5 graduates, with 9 more expected in December
2. 4 original partners with many additional preceptor partnerships over the last 2 years
3. Partnering with Georgia Partnership for Telehealth has facilitated incorporation of telehealth in curriculum



Questions?



Contact Info for PMHNP Track:

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Q&A

