## FOCUS ON RURAL HEALTHCARE



Stacey L. Flynt

Stacey Joined the Phoebe Putney Health System (PPHS) team in 2004. She has long been regarded as the expert on Critical Access and Rural Health Care within PPHS.

As Director of Operations for two critical access hospital facilities; Phoebe Worth Medical Center in Sylvester GA and Southwest Georgia Regional Medical Center in Cuthbert GA, she is able to use this extensive knowledge to optimize the patient experiences. Stacey has strategically planned and implemented both short-term & long-term growth aimed at optimal patient centered healthcare within these rural communities.

Stacey obtained her Bachelors in Business Administration from GA Southwestern University.



# APP Hospitalist Model Implemented August 6, 2017

#### **Stacey Flynt**

Director of Business and Clinic Operations

Phoebe Worth Medical Center and Southwest Georgia Regional Medical Center



## "Inside Phoebe"

https://www.youtube.com/watch?v=BGfaJzXHwaE



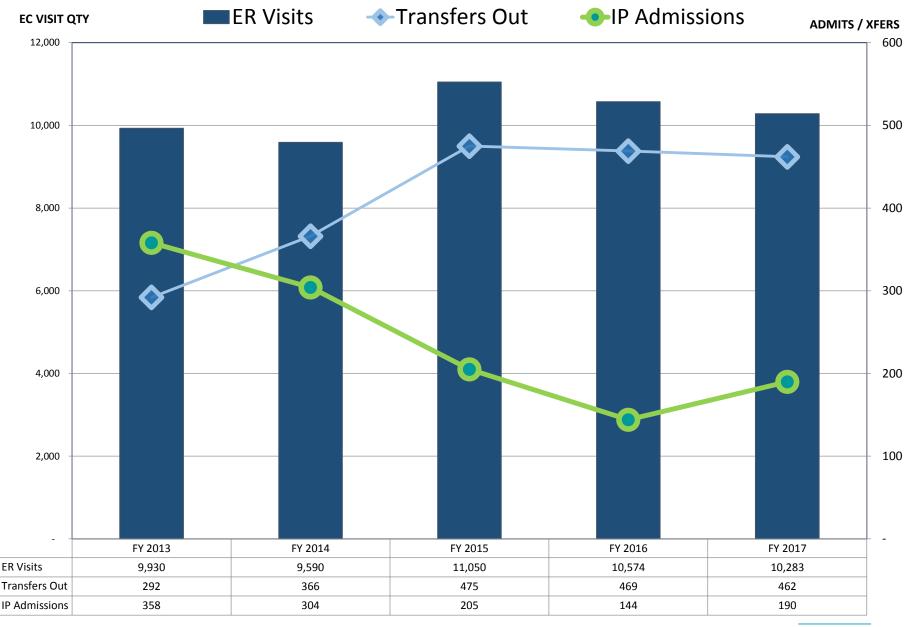
#### Hospital utilization had decreased since FY2013

- In FY2013 we had <u>5 local physicians</u> fully engaged and highly utilizing our facility.
  - Currently only 1 of these 5 physicians are still with us.
- Down from 5 to only 3 physicians covering hospital on call 24/365

#### > Results:

- Decrease admissions from our Rural Health Clinic
- Decrease admissions from our Emergency Department
  - Push back on admits from the ED and patients are transferred due to they "might" need a higher level of care
- Decrease Swing Bed admissions
  - Push back on Swing Bed referrals especially after Thursday afternoons

#### Admissions from ED vs. Transferred out





#### Collaborated with

- ED physicians
- Jay Williams, MD (Southland MD)
- Local PCP's
- > APP's
- Compliance
- Legal
- Nursing
- Revenue Mgmt
- Administration



## **Solution: APP Hospitalist Model**

- ED physicians serve as oversight of our APPs and admitting physician for:
  - ED patients needing admission/observation
  - Swing Bed patients referred for admission
  - Clinic patients needing admission
  - Oncology clinic patients needing blood administration and other services
  - Cover for any of the local PCP's when requested



## **APP Hospitalist Model**

#### Began August 6, 2017

- 2 APP's
  - ✓ Jason Boyd, NP
  - ✓ Patricia Mason, NP
  - One APP in house 7A 7P for admissions and rounds on patients daily and as needed
  - Coordinates patients care with the supervising physician that is available to them 24/7
  - Assist in the ED when needed
  - Future Plans: Will be available to employees/families in our "Employee Health Clinic" at the hospital daily



## **Benefits to APP Model**

- None of our Primary Care Physician's are required to take hospital call any longer and this makes recruiting easier along with increase physician satisfaction
- PCP's may admit their patient's if they desire
- PCP has the added security of knowing that the APP will provide patient coverage if they need to leave town.
- Eliminates interruptions of the PCP's day at the clinic therefore enabling them to increase the number of patients seen which increases access to care.
- □ Eliminates the "push back" from ED, Swing Bed, and Clinic admissions to the hospital.
- Better utilizes current down time of the ED physician
- Enables us to keep more complex patients with physician on site.
- Increased our patient, staff, and physician satisfaction

Phoeb	e Worth Medical Center Project Timeline	APP Hospitalist Task List				
T1-11	0.002		Complete Y /	DUEDATE		Address to the day
ask#	Detail (C)	Status	N	DUE DATE	Assigned To:	Additional Comments/Updates
1	Initiate Project / Obtain Approvals  Emailed Don info for APP Contract through PPG	Complete	YES	1	Stacey	
1 18		Complete	163		Don	Present to APPs 7/26/17. Signed 7/27/17 and scaned to Kat in legal.
2	All 3 physicians to submitted Med Surg/admit privileges to Karen S.	Complete	YES		Stacey	The sent to Art 3 7/20/17. Signed 7/27/17 and scance to learning at
	Karen to prepare documents for approvals	Complete	YES		Karen	
2t		A CONTRACTOR OF THE CONTRACTOR	YES	07/19/17		
20			7180200	07/27/17		
	Set up Protocols and Documentation	*				
1	Brooke @ Horne notified of additional On-Call pay (601-620-5125)	Complete	Yes		Kim/Stacey	Waiting on Horne to respond back- Received, waiting on Audrey to get back with Kim/Stacey on rate of pay then need to set up meeting with Physicians/ Audrey approved rate.
2	APP Protocol Application Forms	Complete	Yes		Stacey	
3	Obtain Signatures	Complete	Yes		Stacey	
4	Submit Applications	Complete	Yes		Stacey	Mailed to State on 7/6/17
5	APP job description	Complete	Yes		Stacey	Have APP sign and date
						Have called twice and left a message. Sent email on 7/25/17 to call Stacey. 7/25/17 notified Will Peters
6	Notify Will Petersen regards to: employee health	Complete	Yes	10/15/17	10 10	and decided on a 10/1/2017 Go Live Date.
7	Notify clinic Doctors of change to the 8/6/17 targeted start date	Complete	Yes		Stacey	
8	Revenue Cycle Meeting with Audry Pike	Complete	Yes		Stacey	7/10/17 Meeting with Audrey Pike, Jane Gray, Melissa Hampton, Becky Sanders, Darla Braxton, Wendy Allen and Candace Guarnari. Couple of items need to be addressed-will regroup with everyone next Monday. Second meeting with Audrey set for Friday July 14th. Second meeting with Audrey resulted in flow chart which will be dispursed to appropriate staff in meetings and a forum. All other items discusse for meditech builds has been completed.
	Train APP's, Establish & Initiate Support Structure	1		1		
1	APP Meditech training on Med Surg & EC module. Train EC physcians on Meditech Med Surge Module.	in Progress		August 5th	Jane Morris	Scheduled for August 2nd and 3rd. Emailed Darla on 7/11/17 to discuss training date for EC docs on medsurge meditech. 7/13/17 sent Darla access forms for Doc access to Med Surge.
2	APP training with Jay	In Progress			Jay Williams,MD	7/7/17 emailed Jay some dates-waiting to hear back from email. 7/10/17 Jay returned email and is trying to get the dates finalized. Scheduled onsite for August 1. Included Janet and Lisa, UR.
3	Complaince to train Crystal Carter on manual profee charge entry	Complete	Yes	August 5th	Audrey Pike	7/13/17 sent email to Audrey and Jonathan for a date and time. Date set for 7/27/17 with Georgia from compliance. Meet with Compliance they will provide onging training.
4	Malpractice - revise for APP's & physicians	Complete	Yes		Stacey	
5	Nursing Home / Pine Shadows privileges for APP's	Complete	Yes		Stacey	This will be covered by RHC APPs not Hospitalist APPs
6	Order laptop computers for APP's/receive back from PPMH with all applications needed.	In Progress			Stacey	Carole working on this and to have me an update this week. Laptops loaded and at PWMC.
7	Obtain remote Meditech access for Drs. Black, Wooten & Gaskins				ř.	Darla Braxton- was sent email and contact number for all three physicians to set up remote access.
8	Amend Drs Gaskins, Bass, Wooten & Black Contracts for On Call & Supervision pay	In Progress		08/04/17	Kim/Audrey	
9	PAPC form for Jason & Patricia			08/04/17	Stacey/Mandy	
	Schedule a Managers Meeting to final processes					ANTERPROGRAMME AS THE ANTERPORTED TO
10	Janet, Stacey, Mary & Dawn			08/03/17	Stacey	Scheduled for August 3 12-1pm
	Establish Process for Patient Care During Conversion(Clinic & IP)	3				<u>.</u>
1	Map out a clear process for Aug 6th patients that are IP at time of	Complete	Yes		Stacey/Kim	Bass, Sealy, Wallace agree to follow all patients that are still in hospital on August 6th until discharge.
2	conversion Write out a plan/process for Dr. Bass - "dear-cut"				2.0	Meeting with Dr. Bass scheduled for 8/8/17 at 1:30
	write out a planyprocess for or, pass - clear-cut	In Progress			Stacey/Kim	INFECTING WITH DI. DASS SCHEOURE OF 0/0/17 at 1.30
3	Marketing for the revised clinic hours	Complete	YES		Stacey/Anna	Waiting for proof to approve- Proof Complete waiting to pick up. Picked up on 7/18 and delivered to clir
4	Devolope process for blood infusions from oncology	In Progress		08/31/17	Stacey/Janet	
5	Assign physicians certain days for lunch hours at the clinic	Complete	Yes		Stacey/Debra	Sealy lunch 12-1, Wallace lunch 1-2 and Bass lunch 1:30-2:30
6	Develop on call list for after discharge	Complete	Yes		Stacey/Kim	Contact at clinic for nurses is Tanya(Debra when Tanya is out) and Tanya will rotate the providers.
7	Develop a flow chart for nursing staff, APPS and EC physicans	Complete	Yes	07/31/17	Stacey/Janet	Completed
8	EC/Med Surge Staff Forum, Training and Education Pre-Go Live (Dr. Gaskins and Kim Gilman to attend)			08/04/17	Stacey/Janet	8/4/17 at 7:30am
9	Develop Charge Sheet for profee charges	In Progress			Stacey/Crystal	



### **Key Performance Factors**









#### **APP Protocol Application**



#### **APP Training**

- All Systems
- Med-Surg
- Plan for Success: Hire APP's with an abundance of skills IE: Emergency, Med-Surg, Family Medicine, Preventative Healthcare



#### Contracts

- **Physicians**
- APP's



#### Develop the Process for Conversion/Implementation

- Educate current Physicians on APP Model-Benefits
- At "Go Live" have your transition plan for current In-House patients

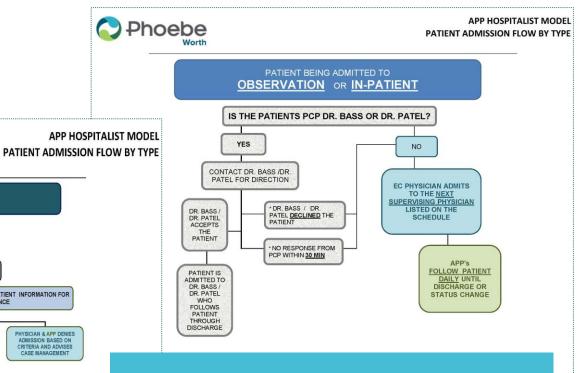


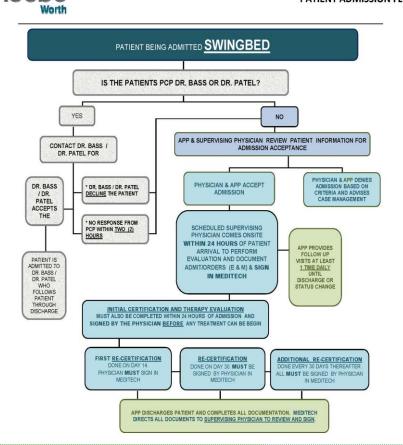
## TIMELINE: Key Performance











Develop a flow chart to document, by patient type, the steps that will help avoid serious problems.

Ensure all departments are well versed in the process to optimize patient outcomes.



100% ADD DATIENT CHARTS WILL BE REVIEWED AND SIGNED BY SUPERVISING





#### Advanced Practice Providers (APP's) Hospitalist Model

Distribute an APP Protocol Model with At-a-Glance key elements.

Educate Patient Care Teams on the contents that detail the who, what & when.

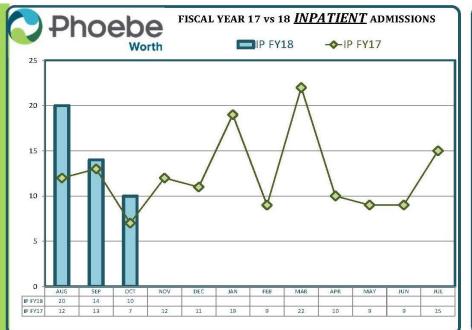
During the first 48 hours this becomes the "go to" resource for all departments, physicians and APP's.

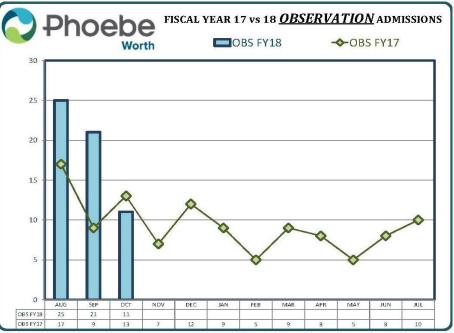
			PHYSICIAN IN MEDITECH
	EDWARD BLACK, MD	904-234-5425	Meditech will add supervised patients to each physicians worklist automatically
SUPERVISING PHYSICIAN	JOHNATHAN GASKINS, MD	229-686-8626	inventeen will and supervised patients to each physician's worklist automatically
	DAREN WOOTEN, MD	706-833-7396	A SUPERVISING PHYSICIAN IS AVAILABLE TO ALL SHIFTS AT ALL TIMES.
			CHECK THE SUPERVISING PHYSICIAN SCHEDULE LOCATED AT NURSING STATIONS

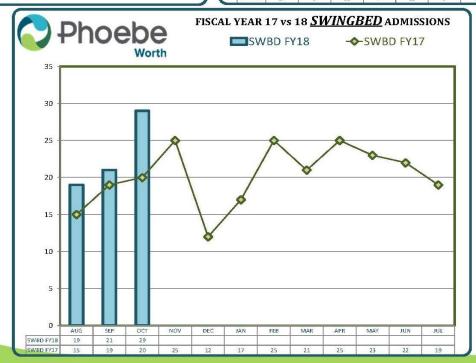
	EDWARD BASS, MD	229-344-4402	IF PATIENTS ACTING PCP IS EITHER DR. BASS OR DR. PATEL, CALL THEM PRIOR TO ADMISSION
PRIMARY CARE PHYSICIAN (PCP)	NATU PATEL, MD	229-3 <b>47-4</b> 269 229-776-7706	IF PATIENT IS ADMITTED UNDER EITHER DR. BASS OR DR. PATEL  1) ANY PATIENT NEEDS WILL COME FROM THEM  2) UNLESS SIGNED OUT TO SUPERVISING PHYSICIAN
	WALLACE AJAKAIYE, MD TAMARA SEALY, MD		DRS. AJAKAIYE AND SEALY HAVE DECIDED TO HAVE THE APP'S CARE FOR THEIR PATIENTS WHEN HOSPITALIZATION IS NEEDED.

ADVANCED PRACTICE	JASON BOYD, FNP-C	706-851-5113	BI-WEEKLY 12 HOUR SHIFTS	7am TO 7pm FRIDAY - THURSDAY	
PROVIDERS (APP's)	PATRICIA MASON, FNP- BC	229-894-0406			

APP PROTOCOLS:	LIMITATIONS	REQUIREMENT		
	SCHEDULE II CONTROLLED SUBSTANCE	PHARMACY CAN FILL ORDER, THEN PHYSICIAN TO SIGN OFF		
IF APP WRITES A SCRIPT FOR:	ROUTINE (NON CLASS For II) REFILL	PHARMACY CAN FILL ORDER, THEN PHYSICIAN TO SIGN OFF IF RX IS OVER 12 MONTHS OLD		
	IF EMERGENCY "LIFE THREATENING SITUATION"	OK TO PROCEED		
CT SCAN ORDER	IF NOT AN EMERGENCY	MUST CONTACT SUPERVISING PHYSICIAN AND DOCUMENT APPROVAL PRIOR TO SCAN BEING PERFORMED		



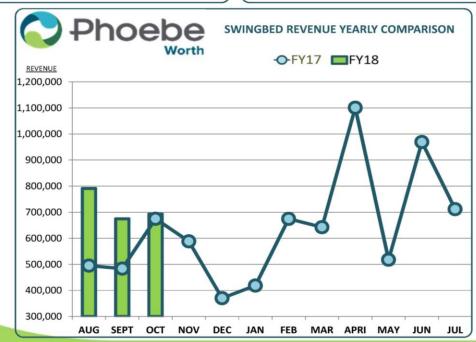








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## Results: Realized with the APP Model



## Patient Satisfaction Press Gainey Survey Scores

- Communication with Doctors has increased by 12.1points
- ✓ Discharge Information has increased by 14.6 points
- ✓ 10 of 13 areas surveyed increased an average of 7.13 points



### **Provider & Staff Satisfaction**

Provider quality of life
Staff all around engagement



### Utilization

Positive bottom line past 3 months



## **Patient Feedback**

When my daughter inquired about some of my treatments, the clinician came in and answered all of our questions about the treatment plan and medication changes

I did not even have to ask about my test results... Ms. Mason was in my room in no time and went through all of the results.

I did not have to worry about the outcome.

She explained the treatment needed and that it would start immediately.

Jason ensured I
understood all of the
changes in my
medications & followup care before he
discharged me.
He was in no hurry to
leave until he was sure
we would follow his
instructions.

A lifelong resident of Sylvester, we were excited to welcome Jason Boyd, to the medical care team at Phoebe Worth Medical Center.



## Jason Boyd, FNP-C PWMC APP Hospitalist

Understanding the shortage of rural healthcare providers, Jason was excited to move back to his hometown and proud to provide outstanding care to his local community.

Jason is a core member of the APP Hospitalist Model at PWMC and he is uniquely qualified to share the patient experiences that this model offers the patients he treats.



## Questions